

# CONSENT TO EXPOSURE TO UVR FROM A TANNING UNIT



Date: .....

## CLIENT INFORMATION

Full Name: ..... DOB: .....

Address: .....

SUBURB: ..... POSTCODE: .....

Phone: (h) ..... (w) ..... (m) .....

Email: .....

## PLEASE CAREFULLY READ THE FOLLOWING INFORMATION:

- EXPOSURE TO ULTRAVIOLET RADIATION (UVR) SUCH AS THAT FROM A TANNING UNIT CONTRIBUTES TO THE SKIN AGEING PROCESS AND MAY CAUSE SKIN CANCER.**
- A person must be at least 18 years of age to use a tanning unit.
- People with fair skin (Skin Type 1) are banned from using a tanning unit.
- A person who has been exposed to UVR within 48 hours prior to this session will be banned from using a tanning unit. A person must not be exposed to UVR for at least 48 hours after a session.
- Protective goggles must be worn at all times whilst undergoing exposure to UVR.

## HEALTH INFORMATION (PLEASE CIRCLE)

Have you previously been treated for solar keratoses or skin cancer? Y N  
 Are you pregnant? Y N  
 Are you wearing cosmetics? Y N  
 Are you taking (by mouth or application to skin) any medication? Y N

(Many medications have the potential to increase photosensitivity—eg antibiotics, anti-inflammatories—consult your medical practitioner or pharmacist about your medication before using a tanning unit).

## SKIN TYPE TEST

Score	0	1	2	3	4	Total
<b>Genetic Predisposition</b>						
What is the colour of your eyes?	Light Blue, Grey or Green	Blue, Grey or Green	Blue	Dark Brown	Brownish Black	
What is the natural colour of your hair	Sandy/Red	Blonde	Chestnut/ Dark Blonde	Dark Brown	Black	
What is the colour of your skin (non-exposed areas)	Reddish	Very Pale	Pale with Beige Tint	Light Brown	Dark Brown	
Do you have freckles on unexposed areas	Many	Several	Few	Incidental	None	
					<b>Score</b>	

<b>Reaction to Sun Exposure</b>						
What happens when you stay in the sun too long?	Painful redness, blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rare burns	Never had burns	
To what degree do you turn brown?	Hardly or not at all	Light colour tan	Reasonable tan	Tan very easy	Turn dark brown quickly	
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always	
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem	
					<b>Score</b>	

<b>Tanning Habits</b>						
When did you last expose your body to sun/ solarium/ tanning cream?	More than 3 months ago	2 – 3 months ago	1 – 2 months ago	Less than a month ago	Less than 2 weeks ago	
Did you expose the area to be treated to the sun?	Never	Hardly ever	Sometimes	Often	Always	
					<b>Score</b>	

Skin Type Score	Fitzpatrick Skin Type
0–7	I
8–16	II
17–25	III
25–30	IV
Over 30	V–VI

Your total Skin Type score is: .....

Your Skin Type number is: .....

Your maximum exposure time is: .....minutes.

"I, ....., (print your full name), declare that I am over 18 years of age and have read and understood the above information and voluntarily accept the risks associated with exposure to UVR.

Signed: ..... Date: .....

"I, ....., (print your full name), of ..... (insert business name), declare that I have informed the above client of the health risks associated with UVR exposure, and have fully assessed their skin type."

Signed: ..... Date: .....